



CAVES SURF CLUB NEWS



www.cavesslsc.com.au

August 2006

Whats On

See below for details on these great events

See the new web site for this and much more at:

www.cavesslsc.com.au

Club Meetings are held the 3rd Tuesday of each month at 7pm

Club Registration 30th July 06 9am to 12 noon

Bronze & Surf Rescue Certificate will be commencing Mon 31st of July at 6pm

Pre-season board training will be commencing on Friday 4th August at 4-5pm

Sportspersons Lunch will be held on the 27th of August at Rafferty's 12:00 noon

Bowls Charity Day Saturday 10th of September

Leading News & Announcements

New Web Site

With the new season the club has redeveloped our website to keep all our members, supporters and sponsors up to date on club happenings.



Our aim is to have most members surfing the site for all our latest club information.

Club Publicity Officer Barry Roberts is now maintaining the site and relying on our input so feel free to email Barry at his company Hamilton IT Consulting



Barry.Roberts@hitc.com.au with your news, feedback and suggestions..

New Look Newsletter

We thought with the new season and the retirement of "The Bowman" we should try a different look and feel to the Newsletter. Hope you all like and enjoy it.

Presentation Night Results

Congratulations to all those who received awards at the presentation night on the 15th of July. Anyone who has not claimed their award should contact Brett Main on 0423021907. A full list of award winners can be viewed on the website by going to the Home Page and looking under "What's New" or contact Brett.

NSW IRB Championships

Caves Beach World Champion IRB Team showed the rest of NSW

Our Major Sponsors



BOB JANE T-MARTS

Sita Workz

INDEPENDENCE INVESTMENTS

WINNIEG

NSW IRB

why they are regarded as the best around by wrapping up both the NSW IRB premiership series and the NSW IRB Championships at South West Rocks over the weekend with their most dominant performance all season. Full details are available on the website under the competition page.

Bar & BBQ Volunteers

The social secretary is looking for any members willing to contribute a bit of time to the running of the bar and BBQ facilities throughout the season. We require people to complete a Responsible Service of Alcohol course in the next few weeks and who will help out at various times behind the bar at social events. Helpers on BBQ patrol at these events will be greatly appreciated as well. Get behind your club and put in a bit of time so that everyone can enjoy the fantastic facilities we have. Anyone interested can contact Brendan Curran at bcurran@internode.on.net or 0437 864 816

Ocean Swim T-Shirts

Remaining Ocean Swim T-shirts at below cost for \$10 per shirt. Please contact Darryl Hadfield on 0409180931 or 49720735

“What’s On” Full Details

Bronze and Surf Rescue Certificate

The next bronze and SRC squads are scheduled to start on Monday the 31st of July at 6pm at the club. Anyone interested in doing the course

should contact Alicia Jacques on 0409 849 978

Pre Season Board training

Pre-season board training will be commencing on **Friday 4th August at 4pm to 5pm at Swansea RSL**. These sessions are aimed at improving board paddling techniques and fitness for the start of the season.

Any children who are moving onto a new board (foamie, fibreglass, mal) will especially benefit from these sessions.

You will need to contact Jo Ham on 49720605 (joanne_ham@msn.com) as we need to know numbers for water safety and for organising the children into groups also for details with organising boards.

Yours in paddling Jo, Ian, Emma.

Sportspersons Lunch

On Sunday the 27th of August at 12 noon we will be holding our annual Sportspersons Lunch at Rafferty's resort. This year will feature the well known speaker and commentator Kerry O'Keeffe. Tickets are \$65 and can be purchased online by going to the “What’s New” section of the website and clicking on the [Purchase Online](#) link or by contacting Darryl Hadfield on 0409 180 931 or 02 49720735. This is a great day and a major fundraiser for the club.

What a great Father’s day gift

Bowls Charity Day

On **Saturday 10th of September**

2006 there will be a bowls charity day for the surf club. This is the 2nd annual “DICK HOOEY” Surf Club Charity Day. This will commence at 9am sharp. We would like at least 6 members of our club to participate in this event along with some experienced bowlers to join a 24 person strong team to represent Caves Beach SLSC against other surf clubs. Lunch will be provided. Contact Alan Wallace (49714473) if you are interested.

Our Major Sponsors



Swansea RSL raffle

Every Thursday night Caves Beach SLSC has a raffle at Swansea RSL. Swansea RSL has been a fantastic long time supporter of Caves Beach SLSC.

Apart from their donation each year they allow us to conduct one of our major fundraisers, our raffle, on their premises.

The raffle goes from 5:30pm till about 6:30pm.

For this raffle to be successful we require people to assist, the more volunteers, the more evenly spread the workload.

Supporters of Caves Beach SLSC

Please support those who support us

Independence Investments

Garry Lunn
Ph: 0409 453 064

Rafferty's Resort on Lake Macquarie

Ph: 4972 5555

Swansea RSL

Enquiries Ph: 4971 1329

Bob Jane T-Marts Newcastle West

Ken Bonwick: 4969 2255

Mercury Outboards

Ken Evans: 9997 3175

Site Worx

Bruce & Sharon Ferris Ph: 49712 000.

Dowlings Real Estate Swansea

Shanti Page & Tony Rich Ph: 49 716 000

Waratah Engineering

Enquiries Ph; 49 025 022

Sandvik

Dave MacDonald Ph: 49 242 100

Stockland

Wallarah Peninsula Ph: 49 722 029

Hamilton IT Consulting

Barry Roberts
Ph: 0414 789 387

Hi Ho Apartments Broadbeach Qld

Tim & Natalia Clark: 07 5538 2777

Hollebone Meats

Reg Hollebone: 4971 1673

Swansea Surf

Daryl Tonks: 4971 4422

Impact Trophies

Howard & Kathy Sanders: 4947 7508

Avella Loan Centre

Robyn Roberts: 0418 616 630.

Lakeside Air Conditioning

Dave Colhoun Ph: 49 720 224

Perelli Tyres

Metalcorp

Dave Stothard: 4954 8011

Swansea Skylights

Dave Evans: 0416 292 291

Swansea Physiotherapy and Yoga

Kym Mangos: 4971 3541

Bobs Lawn and Garden Care

Bob Walker :4971 2879

Note that we will also be working to finalise sponsorship packages for all our current sponsors ready for the upcoming season. **If you would like to become a sponsor of the club please contact Darryl Hadfield on 0409180931 or 49720735**

Our Major Sponsors



Caves Beach Surf Lifesaving Club presents “In the Grandstand” with Kerry O’Keeffe



Caves Beach SLSC

Invite you to attend their annual



Sportsperson’s Lunch

Proudly Supported by Raffertys Lake Macquarie

Sunday 27th August 2006 at 12 noon
\$65 per person

Ticket includes SPECIAL GUEST SPEAKER KERRY O’KEEFFE
3 course luncheon in Raffertys air conditioned Lakeside Marquee,
LIVE entertainment

Kerry O’Keefe - One of Australia's funniest commentators, former Test cricketer Kerry O’Keeffe will share his thoughts on life and the state of play. O’Keeffe’s hilarious stories are legend. His wild laugh and humour are one of the best-known in the business.

Be prepared for an afternoon both entertaining and provocative.

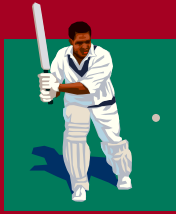


Tickets are available from the Caves Beach Surf Club

CONTACT: Darryl Hadfield on 0409 180 931 or 02 4972 0735
Or go to the web site at www.cavesslsc.com.au to buy on line

Our Major Sponsors





Grandstand MENU



Caves Beach SLSC



bread

Freshly baked bread rolls

entree

Tart of roast lamb, pumpkin and pine nuts topped with marinated fetta
Seared Atlantic salmon on zucchini brioche, rocket and warm scallion sauce

main course

Sirloin on sweet potato gnocchi, broccolini and red onion jam
Prosciutto wrapped chicken breast on a baked field mushroom with bok choy

dessert

Duo of white and dark chocolate mousse wrapped in japoise sponge
Banana and macadamia nut pudding with maple syrup sauce

Freshly brewed tea and coffee

** Menu served alternately*



Our Major Sponsors

