



# CAVES SURF CLUB NEWS



[www.cavesslsc.com.au](http://www.cavesslsc.com.au)

March 2007

## Whats On

See below for details on these great events

See the web site for this and much more at:

[www.cavesslsc.com.au](http://www.cavesslsc.com.au)

**Club BBQ**, Sunday 4<sup>th</sup> March 2007, 3pm

**Nipper Fun Day** Sunday 11/03/2007 with all age and old age Relays, Parent Flags and even a swim or Board Rescue. All Boards to be returned to Ian After the Fun Day 11/3/2007..

**Stockland are presenting A Night on Broadway** by the lake at Murrays Beach, 31st March at 7p.m

**Club Meetings** are held the 3<sup>rd</sup> Tuesday of each month at 7pm

**Caves Beach SLSC Upcoming Course Dates**, see below

## Leading News & Announcements

### Stockland Wallarah Peninsula Oceanswim 2007

The fourth Stockland Wallarah Peninsula Ocean Swim has been swum and won for 2007.

Over 400 swimmers took to the water off Spoon Rocks and went the 1.5 Km along the coast to Caves Beach.

It was pleasing to see so many Caves Nippers and Juniors lining up for this event, something all our members can aspire to in their swimming training.

Club junior **Brianna McConville** is starting to make this event her own with a second year double in the swim and the dash for cash. You will also

see Brianna sporting a new Citizen Eco Drive watch as part of her first place prize.

Congratulations Brianna and all the club members who took part.

A big thank you to all our volunteers who contributed to the overwhelming success of the day. The swim and it's organisation is the envy of all Hunter Clubs.

Well Done!

- The results from the Ocean Swim can be found on our website [www.cavesslsc.com.au/ocean\\_swim.htm](http://www.cavesslsc.com.au/ocean_swim.htm)
- As always we would appreciate any feedback on the day so we can make 2008 even better.

- Ocean Swim T-Shirts are still available at \$15 per shirt plus postage, please email [oceanswim@cavesslsc.com.au](mailto:oceanswim@cavesslsc.com.au) to order.
- Photographs of the day can be viewed by accessing the following website (<http://picasaweb.google.com.au/markhigginsphotography/CavesBeachSwim02>) (Please note that this website or its proprietor is not affiliated with the Caves Beach Surf Life Saving Club or Hamilton IT Consulting Pty Ltd)

See you next year,  
Darryl & Barry

**Our Major Sponsors**



**BOB JANE T-MARTS**



**Site Work**



## Club Competition

---

### State Championships

Over seventy club members from juniors through to our masters competitors traveled to Bate Bay, Cronulla to contest the State Championships held over the first week of March.

Congratulations to all of you who wore the maroon and white in the competition arena.

There were many highlights for our club including two silver medals to Justin McMorland in the Under 9 swim and board events.

Meanwhile brother James was picking up a silver medal of his own in the 12 years board race. James then went on to team with Oliver and Liam Kleyn for a third placing and bronze medal in the under 12 board relay. Well done boys!

In masters competition the little master Al Wallace added another medal to his collection with a second placing in the 60-64 years beach flags.

In the ski section Ches Suska and partner John McKenzie picked up the gold medal in the 60-64 years double ski.

We had our 140+ years boat crew feature in a final as well as some individual ski paddlers.

In open competition Anna Heasman in the open female beach sprint finished just shy of a medal (4th) whilst Michael Wag Horn was 6th in the beach flags.

In the ski's Elise Merlin and Matt Begg narrowly missed out in the open mixed double ski as did Adam Rowe

and Muzz Davies in the open men's double ski.

The "pride of the fleet" our march past team once again put themselves amongst the top of march past teams throughout the state with a solid performance

We look forward to another big roll call for next year when the state championships will return to neighbors Swansea- Belmont for three years.

The results of the **Junior State Championship** can be viewed at [http://www.surflifesaving.com.au/SurfLife\\_CMS/SurfSports/Results/07StateAgeResults.htm](http://www.surflifesaving.com.au/SurfLife_CMS/SurfSports/Results/07StateAgeResults.htm)

### Lake Macquarie City Council Sports Awards

Caves Beach IRB Team were named **Lake Macquarie Sports Team of the Year** over the weekend at the Annual Lake Macquarie City Council Sports Awards. Team member Elisha Angel was also a finalist in the prestigious **Lake Macquarie Sportsperson of the Year category**.

The team would like to take this opportunity to thank our sponsors Mercury Marine, Siteworx, Sandvik, Monnock Marine and Cobia Boats for their gracious support as well as all our friends, family and supporters who help us in the pursuit of these goals.

I have attached some of the footage from Warriors on Water for your interest. This should be

shown on Fox and the Nine Network in coming weeks. I will talk with you all again soon!!

Scott Bryant

### IRB News

In the middle of their traditional "off season", Caves Beach IRB Team sent a small contingent to the **2007 East Coast Championships and Warriors on Water** at Kurrawa in February.

With NSW teams out numbered 10 to 1 and Caves Beach at ¼ strength, the small contingent of 7 battled atrocious conditions over the two days to not only place well in the East Coast Championship finals but to go on and represent NSW in every event at the NSW v Queensland Warriors on Water Representative event.

This event is to be televised in coming weeks on channel 9 and with the Caves Beach crew selected to wear the "head cam" in the Men's Rescue final (the only IRB event to be televised), it is hoped that all Caves members will be able to get a close up view of their team in action.

**Our Major Sponsors**



The team will now begin training later this month for their annual assault on **NSW IRB Premiership** series and **NSW IRB Championships** as well as being invited to contend a round of the **Qld IRB Premiership Series** prior to the **Australian IRB Championships** in late July. It has also been announced that the **Rescue 2008 World Championships in Germany** will include all IRB events and so the team will need to look at the possibility of attending to defend their world title.

Looks like busy times ahead!!  
Scott Bryant

### New IRB Sponsor

Caves Beach Surf Life Saving Club would like to welcome Dynamic Propulsion as a new IRB Team sponsor.



## “What’s On” Full Details

### Stockland Night on Broadway

**Stockland are presenting a Night on Broadway** by the lake at Murrays Beach on 31st March at 7 p.m.

A cavalcade of music theatre from the 20's, to the 90's with excerpts from Cats, Music Man, Showboat, The

Secret Garden, Crazy for You & More.

Entry is free but tickets are limited Contact Pauline Buckman at Murrays beach Ph: 49 722 029.

### Caves SLSC upcoming course dates

- *Mon 5<sup>th</sup> & Tuesday 6<sup>th</sup> March* Senior First Aid Certificate
- *Thur 8<sup>th</sup> March, 5pm (4hr Course)* Spinal Management Course
- *Tues 13<sup>th</sup> March, 5pm (4hr Course)* Spinal Management Course
- *Sat 17<sup>th</sup> March, 9am Start* Silver Medallion Patrol Captains Course
- *Mon 19<sup>th</sup> March, 6pm Start* Silver Medallion Advanced Emergency Care Course

For further information on any of these course please contact **Alicia on 0409 849 978**

### Patrol Rosters

Patrol rosters have been posted to the Patrol page of the website.

March patrol rosters are included at the end of the newsletter.

### Swansea RSL raffle

Every Thursday night Caves Beach SLSC has a raffle at Swansea RSL. Swansea RSL has been a fantastic long time supporter of Caves Beach SLSC.

Apart from their donation each year they allow us to conduct one of our major fundraisers, our raffle, on their premises.

For this raffle to be successful we require people to assist, the more volunteers, the more evenly spread the workload.

The raffle goes from 5:30pm till about 6:30pm.

## Lost

20 year old **body board** in mint condition (*Morey Boogie Mach 7-7*). (Yellow top, black sides, orange slick bottom). Left in **patrol shed** after “Jazz under the Pines” on **Sun 14 Jan, 2007**. Hoping someone took it home for safe keeping!!! If found, please call Steve Waye on 0403 993 194

**Our Major Sponsors**



**BOB JANE T-MARTS**



**Site Work**



# Supporters of Caves Beach SLSC

Please support those who support us

---

## Independence Investments

Garry Lunn  
Ph: 0409 453 064

## Rafferty's Resort on Lake Macquarie

Ph: 4972 5555

## Swansea RSL

Enquiries Ph: 4971 1329

## Bob Jane T-Marts Newcastle West

Ken Bonwick: 4969 2255

## Mercury Outboards

Ken Evans: 9997 3175

## Site Worx

Bruce & Sharon Ferris Ph: 49712 000.

## Dowlings Real Estate Swansea

Shanti Page & Tony Rich Ph: 49 716 000

## Waratah Engineering

Enquiries Ph; 49 025 022

## Sandvik

Dave MacDonald Ph: 49 242 100

## Stockland

Wallarah Peninsula Ph: 49 722 029

## Hamilton IT Consulting

Barry Roberts  
Ph: 0414 789 387

## Hollebone Meats

Reg Hollebone: 4971 1673

## Swansea Surf

Daryl Tonks: 4971 4422

## Impact Trophies

Howard & Kathy Sanders: 4947 7508

## Avella Loan Centre

Robyn Roberts: 0418 616 630.

## Lakeside Air Conditioning

Dave Colhoun Ph: 49 720 224

## Metalcorp

Dave Stothard: 4954 8011

## Swansea Physiotherapy and Yoga

Kym Mangos: 4971 3541

## Bobs Lawn and Garden Care

Bob Walker : 4971 2879

## Delta Electricity

John Koller

## Eastlakes Electrical

Murray and Fiona Davies

## Swansea Retravision

Brett Rutledge

## Caves Beach Hotel

Bill Saddington

## Justin Norris Swim Academy

Justin Norris



*Newsletter & Caves website produced & maintained compliments of Barry & Annette, Hamilton IT Consulting*

**If you would like to become a sponsor of the club please contact  
Darryl Hadfield on 0409 180931 or 497 20735**

**Our Major  
Sponsors**





