



CAVES SURF CLUB NEWS



www.cavesslsc.com.au

May 2010

Whats On

See the web site for this and much more at:

www.cavesslsc.com.au

Club Meetings are held the 3rd **Monday** of each month at 7 pm

- End of Season BBQ – 23rd May 2010
- Presentation Night - 5th June 2010
- Information Night - TBC
- AGM – 27th June 2010

Leading News & Announcements

Annual General Meeting

Dear Members,

It is time to start to think about who will be managing and assisting our club next season. Although the Annual General meeting on the 27.6.10 is still many weeks away we need to start to think about your commitment to the club. The club does not run by itself and many hands are required. If every one pitches in then the club will be run safely, economically and efficiently. There are a lot of people out there who are helping and many more who can help. Our club has a massive support base so taking on a position is not as daunting as it may seem. You can reference the club constitution on our website for clarification of positions. Our club and indeed your club is moving ahead at a massive rate, faster than any other club in the region, so my advice is get involved, be part of it, and you can stamp your part in the advancement of Caves Beach SLSC.

If you have any further questions please contact me anytime.

Thanks your president elect.
Brett Main

Information Night

An information night will be held prior to the AG meeting this year. CBSLSC has been successful in obtaining many grants this year due to the hard work and commitment of several members of your club. Their hard work and many hours of toil will see CBSLSC improve the clubs and members facilities dramatically.

The details for this evening will be notified to all members soon. The idea is to update all members as to what is happening and where we are going to cement our future in surf life saving.

Thank you

Thank you to all those members who have contributed to the success of Caves Beach SLSC for the season 2010. Your contribution comes in many ways, beach patrols, administration or simply driving your child to the beach, a carnival or a beach patrol. Of course we will be rewarding our successful and outstanding members at our annual presentation night on the 5th June. All members are welcome to attend and support your fellow members.

Australian Titles



Thank you to all our members, families and supporters who accompanied our competitors at the Australian Titles for 2010. Just under 150 members and their families attended the SLSA Australian titles at Kurrawa Beach. Tim and Natalia again hosted us at the HI-HO Beach Apartments where we held 22 rooms. We thank them dearly for their hospitality and dedication to CBSLSC.

Also thank you to the 20 members from our club who took the arduous journey to Tasmania to compete for and support our IRB team. This was the smallest team we have ever sent to an IRB titles but I believe they held their head high.

Team Manager's Report 2010 Australian SLS Championships

Caves had 40 Competitors and many supporters travel to Queensland, all conducting themselves in an excellent manner. Congratulations to Ches Suska, a 3rd placing in the Masters Ski. Well done to Richard Pembroke, an 8th placing in the Masters Flags Finals. Good efforts by Tim Eschebach and Gareth Nichols, Semi-Finalists Open Beach Sprint. Tim, Gareth, Michael Waghorn and Callum Turrell, Semi-Finalists Open Beach Relay. Our 2 U/19 Boat Crews are fine young men who are a credit to the club acquitted themselves well and were still involved in competition when the water events were cancelled as were our surfboat crew.

Our youngest competitor, Keegan Walker, had an outstanding paddle winning a heat of the U/15 board, only to be disqualified. The event was eventually cancelled so nothing lost but valuable experience was gained. Well-done Keegan!

For our competitors to be able to compete at Aussies it is a requirement that we supply I.R.B. Personnel. Paul Carter and Bob Hunt volunteered their services. After competing in the Masters, Bob & Paul spent 2 long days constantly taking their IRB into the powerful surf as members of the water safety team rescuing many competitors. Well Done and Thank you Bob & Paul.

Presentation Night

The Presentation night for our 80th season will be held this year at the clubhouse on Saturday 5th June 2010. All members are invited and are welcome to attend. Please refer to the flyer at the end of this newsletter.



Club Captain's Update


🏊 Outstanding effort everyone! 80 years without the loss of a life at Caves Beach while patrols have been in place. Above all else that we do, we are a "life saving club" and that's what we've now completed 80 years of doing SAVING LIVES!! You should justifiably feel damn proud for being a part of this wonderful achievement.


🏊 Statistics for the Season → For the season members of Caves carried out 1,019 Preventative Actions, 64 First Aid treatments and 21 Rescues. Marvellous effort that!


🏊 The most recent two rescues were both carried out on the final day of the season by Warren Thomson (Captain of Patrol 1). On this day, the conditions were quite rough, the beach had been closed from 9:30 until 11:00 and there was a traveling rip, which required the flags to be relocated 4 times. In the first instance, Warren used a tube to rescue a male Japanese tourist who was taken out of his depth while swimming outside the flags (a great example of the benefits of patrolling at the waters edge and having a rescue tube at hand). By all reports it was a case of another minute and he was "gone"... In the second instance, Warren put on a show of his all round lifesaving skills by using a board to rescue a rather large swimmer who had been taken some




200m out to sea by a big rip (again this swimmer was well outside the flags). Warren, a great effort mate!!
NOTE Warren has since downplayed earlier reports that the swell on the day was plus 30 foot and that on the way out he was attacked by a 5m white pointer, but coolly pulled the fin out of the board, stabbed the shark to death and cut out it's jaws as a souvenir. Apparently it was actually a tiger shark and only 4.5m long.

 **4WD ATV** – towards the end of the season we took delivery of a brand spanking new Yamaha Rhino 4WD ATV. These are a very expensive item of gear (in excess of \$17,000) so take care it! A massive thank you to the Swansea RSL for their generous donation of half the money required and thanks also for the hard work put in by members Ross Bowmaker, Darryl Hadfield, Ben Dean and Ken Bonwick in securing a dollar for dollar grant that enabled us to raise the remaining funds for it's purchase. Another round of thanks to Ken Bonwick of Bob Jane Newcastle West for his generosity in rust-proofing and equipping the ATV ready for use. Hmm... why not go for a drive into town, get some new mags and tyres from Bob Jane's Newcastle West, then come back for a great meal and a cold one at the Swansea RSL (support those who support you)!

 **Radio Communications** → Surfcom was an overall success and a great concept. Unfortunately... SLSNSW never did get around to sorting out the radio communication problems we've experienced all season. We're assured that this will all be sorted in readiness for next season. Stay tuned...

 A special thanks to Ben Dean (Lifesaving Co Ordinator and Lifesaving Equipment Officer) and Di Fleming (First Aid Equipment Specialist) for your wholehearted efforts all season. Couldn't have done it without you guys!

 Finally, we have a tremendous group of lifesavers at Caves and have had scores of outstanding new members join in the past couple of seasons, these active patrolling members are supported by a large number of reserve active and long service members, in excess of 180 members patrol our beach. A core leadership group has been built upon and equipment wise we're fairly well provided for. It all points to a strong future for CBSLSC. This has been my final season as Club Captain. I thank you all for your hard work and dedication. I would encourage senior members to consider taking on this role next season. You have to be committed and don't under estimate the effort required, but rest assured that you will have many experienced fellow members and I will still be around to

support and guide you in the requirements of the job until you make it your own. Your club needs you!

Yours in Surf Lifesaving
Richard Pembroke

End Of Season BBQ

An end of season BBQ will be held on Sunday 23rd May at the clubhouse to celebrate our 80th season of "no lives lost". Those member who completed in excess of 50 hours of patrols will be presented with a special certificate on the day. All members (including Nippers) and their families are invited and are welcome to attend. Some complimentary refreshments will be offered to all patrolling members! We will also be having entertainment by an award winning singer/songwriter. Please refer to the flyer at the end of this newsletter.

Are you interested in keeping up with all the Surf Life Saving News, Events and Stuff?

Caves Beach SLSC (Club)

www.cavesslsc.com.au

- For all club related information including newsletters, news and event information, patrol rosters and teams, juniors (nippers), education and training courses, proficiency dates, sponsors, etc.

SLS Hunter (Branch)

www.huntersurflifesaving.asn.au

- If you would like to join the e-newsletter mail out from Hunter Surf Lifesaving, please email to info@hsls.org.au with the subject title of 'PLACE ME ON THE MAILING LIST'. This e-newsletter keeps you up to date with everything in our branch including Lifesaving, Surf Sports



(carnivals), Education & Training courses, and much more.

SLS NSW (State) www.surflifesaving.com.au

- For the weekly news and information go to this website then take the links to *Members > Club Mail*
- A comprehensive collection of surf life saving information and material is available here. Includes Lifesaving, Surf Sports (carnivals), Education & Training courses, Coastal Watch (SURFCAMS; Surf, Beach & Weather Reports), SOP's.

SLS Australia (National) www.slsa.asn.au

Similar to State but targeted at a National level. Includes Fact Sheets, Circulars, Bulletins, changes to Surf Sports rules and regulations, stacks of stuff.



Supporters of Caves Beach SLSC

Please support those who support us

Swansea RSL
Enquiries Ph: 4971 1329

Bob Jane T-Marts Newcastle West
Ken Bonwick: 4969 2255

Mercury Outboards
Ken Evans: 9997 3175

Site Worx
Bruce & Sharon Ferris Ph: 49712 000.

Dowlings Real Estate Swansea
Shanti Page & Tony Rich Ph: 49 716 000

Psyborg Multimedia and Design
Dan Borg 0414 914 087

Neptune Wetsuits
John Rigby Ph: 0439 401 680

Caves Beachside Resort
Brett Jaegar 49 711 532

Hamilton IT Consulting
Barry Roberts
Ph: 0414 789 387

**Swansea Shipwrights and Boat
Company**
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Daryl Tonks: 4971 4422

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Delta Electricity
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Eastlakes Electrical
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Ph: 49 722 023

Swansea Retravision
Brett Ruttledge

Swansea Automotive Service Centre
Michael and David 49711348



Caves website produced & maintained compliments of Barry & Annette, Hamilton IT Consulting

**If you would like to become a sponsor of the club please contact
Garry Lunn on 0409453064.**





Caves Beach Surf Life Saving Club

Annual Presentation Night 2009 - 2010

- Where:** Caves Beach SLSC
- When:** 5th June 2010
- Time:** Doors open at 5.30pm
Meal will be served at 6.30pm
Presentation will commence at 7pm
- Meals:** (fully waited and table service)
- Cost:** \$30.00 per head
(covers all meals, tea/coffee and live entertainment)
- Refreshments:** at CBSLSC prices
- Entertainment:** *live band 60's to modern*

Come and share a night of entertainment and laughs at our annual presentation night. Awards will be presented to honour our outstanding members both patrol members and competitors. Anyone who has gained a SURF LIFE SAVING AWARD this season will be presented with his or her SLS awards also. It is very important that we support each other so ALL MEMBERS their guests and families are welcome.

Tickets can be purchased from Ross Bowmaker (49711084 or 0412801984) or Brett Main (49710641/0423021907)

Last day for ticket sales will be 31.5.10

**** Ticket numbers are STRICTLY LIMITED so please book and pay early ****





Caves Beach Surf Life saving Club	
Title:	Committee and Club position nomination form.
Number:	CBSLSC-AD-02
Revision:	1.0
Date:	14.3.08
Signed:	Position: President

* **Name:** _____

Address: _____

Contacts: Phone (h): _____ Phone (w) _____
 Phone: (m) _____ Email: _____

* **Membership Category:** _____

* **Qualifications:** _____

* I wish to nominate for the following:

1. EXECUTIVE COMMITTEE

- President
- Vice President / Club Manager
- Hon. Treasurer
- Hon. Secretary
- Education Manager
- Club Captain
- Junior Activities Manager
- Competition Manager

2. STANDING COMMITTEES

- Constitution and Rules Committee*
- House and Building Committee
- Life Membership and Honours Committee

3. MANAGEMENT COMMITTEE

- Clothing Coordinator*
- Club Competition Coordinator
- Fundraising Coordinator
- Gymnasium Coordinator
- Golf Day Events Coordinator
- Hall Manager
- Licensee
- Life Saving Coordinator
- Life Saving Equipment Officer
- Major Events Coordinator Ocean Swim
- Minutes Secretary
- O.H.&S. Coordinator
- Publicity Officer
- Registrar
- Beach Sectional Captain
- Board Sectional Captain
- I.R.B. Sectional Captain
- Ski Sectional Captain
- Surfboat Sectional Captain
- Swim Sectional Captain

- Social Secretary
- Sponsorship Coordinator
- Trophy Coordinator
- Youth Development Coordinator
- JA Competition Coordinator
- JA Equipment Officer
- JA Recorder
- JA Superintendent
- JA Under 6 Age Supervisor
- JA Under 7 Age Supervisor
- JA Under 8 Age Supervisor
- JA Under 9 Age Supervisor
- JA Under 10 Age Supervisor
- JA Under 11 Age Supervisor
- JA Under 12 Age Supervisor
- JA Under 13 Age Supervisor
- JA Under 14 Age Supervisor
- JA Under 15 Age Supervisor

* **Nominee Signature:** _____ **Date:** _____

* **Nomination Endorsement**
 (*nominator*) Name and Signature _____ **Date:** _____

* **Nomination Endorsement**
 (*second*) Name and Signature _____ **Date:** _____

(* denotes mandatory field that must be completed)



Caves Beach Surf Life Saving Club

80 Years of "NO LIVES LOST" End of Season BBQ

<u>Where:</u>	Caves Beach SLSC
<u>When:</u>	23rd May 2010
<u>Time:</u>	12.00 noon
<u>Meals:</u>	BBQ for lunch
<u>Cost:</u>	<u>Free</u> to all members and their families
<u>Refreshments:</u>	at CBSLSC prices All patrolling members will receive some complimentary refreshments
<u>Entertainment:</u>	Sunday arvo footy will be on the big screen <u>Plus</u> Music from an award winning Singer/Songwriter

Come and share an afternoon of fun and frivolity.

ALL MEMBERS (including NIPPERS) and families are welcome.