



CAVES SURF CLUB NEWS



www.cavesslsc.com.au

October 2007

Whats On

See the web site for this and much more at:

www.cavesslsc.com.au

Club Meetings are held the 3rd **Monday** of each month at 7pm
Ladies Race Day 20th October 2007

Leading News & Announcements

Advanced Resuscitation Certificate

Congratulations to the following members of Caves Beach SLSC on gaining their Advanced Resuscitation Certificate on 4th Sept 2007

Brendan Curren
Bridie Player
Jade Wright
Jane Gabb
Cynthia Ballard
Natalie McCabe
Glenn Scruton
Nathan Johnston
Joanne Morrison

Good luck with the rest of your Bronze Medallion Training

Alicia Drain

Gym Keys

The gym key has been changed. All keys from last season can be returned to Brett Main (0423021907) for a \$10 refund. Or you can purchase a new key for the next 12 months and return your old key as well. Remember the key is the property of Caves Beach SLSC and must be returned.

Club Contacts

Contact details for the Club Executive and Management Committees is now available on the Contact Us page on the website.

Nippers Express

The Nippers Express will now be uploaded to the newsletter page of the website on a weekly basis.

Patrol Rosters

Patrols and Patrol Rosters have been uploaded and are available on the website on the Patrol pages.

Our Major Sponsors



“What’s On”

Full Details

Training Courses

Training Officers Course –
Wednesday 10th & Thursday 11th
October 2007 @ Caves Beach SLSC
at 6pm both nights. Please be aware
you must have this qualification now
to train any surf life saving course.
You must be a minimum of 16yrs to
complete this course

Advanced Resuscitation Course
(you must be 15yrs old), Bronze
Medallion (you must be 15yrs old),
Surf Rescue Course (you must be
13yrs old) – Monday 15th October
2007 @ Caves Beach SLSC at 6pm

Defibrillation Course (you must be
15yrs old) – Tuesday 16th October
2007 @ Caves Beach SLSC at 6pm

Assessors Course (you must be 18
yrs old) – Saturday 20th October
2007 @ Caves Beach SLSC at 9am.
Please be aware you must hold this
qualification to assess any course in
surf lifesaving

Spinal Course (you must be 16yrs
old) – Wednesday 31st October @
Swansea Pool at 6pm

To register for these course please
contact Alicia on 0439 646 596.
Please do not just show up on the
night as resources will need to be
organised prior to the course.

Proficiency Dates

Sat 13th October 2007
Sunday 18th November 2007
Sunday 16th December 2007

The days will follow the format
below:

ARC 8.30 am
Spinal/Defib 9am
Bronze & SRC 9.30am
IRB Driver & Crew 10.30am

Ladies Race Day

20th Oct, see attached flyer

Our Major
Sponsors



Supporters of Caves Beach SLSC

Please support those who support us

Independence Investments

Garry Lunn
Ph: 0409 453 064

Rafferty's Resort on Lake Macquarie

Ph: 4972 5555

Swansea RSL

Enquiries Ph: 4971 1329

Bob Jane T-Marts Newcastle West

Ken Bonwick: 4969 2255

Mercury Outboards

Ken Evans: 9997 3175

Site Worx

Bruce & Sharon Ferris Ph: 49712 000.

Dowlings Real Estate Swansea

Shanti Page & Tony Rich Ph: 49 716 000

Waratah Engineering

Enquiries Ph; 49 025 022

Sandvik

Dave MacDonald Ph: 49 242 100

Stockland

Wallarah Peninsula Ph: 49 722 029

Hamilton IT Consulting

Barry Roberts
Ph: 0414 789 387

Swansea Surf

Daryl Tonks: 4971 4422

Impact Trophies

Howard & Kathy Sanders: 4947 7508

Chanel Direct Home Loans

Robyn Roberts: 0418 616 630.

Lakeside Air Conditioning

Dave Colhoun Ph: 49 720 224

Metalcorp

Dave Stothard: 4954 8011

Swansea Physiotherapy and Yoga

Kym Mangos: 4971 3541

Bobs Lawn and Garden Care

Bob Walker : 4971 2879

Delta Electricity

John Koller

Eastlakes Electrical

Murray and Fiona Davies

Swansea Retravision

Brett Rutledge

Caves Beach Hotel

Bill Saddington

Justin Norris Swim Academy

Justin Norris

Dynamic Propulsion

Swansea Automotive Service Centre

Michael and Charlie 49711348



Newsletter & Caves website produced & maintained compliments of Barry & Annette, Hamilton IT Consulting

**If you would like to become a sponsor of the club please contact
Darryl Hadfield on 0409 180931 or 497 20735**

**Our Major
Sponsors**



LADIES RACE DAY

Saturday 20TH October 2007



VENUE: GREYHOUND RACES –
BIRMINGHAM GARDENS

DEPARTURE: CAVES BEACH HOTEL @ 10:30AM

ARRIVE HOME: CAVES BEACH HOTEL @ 5:00PM

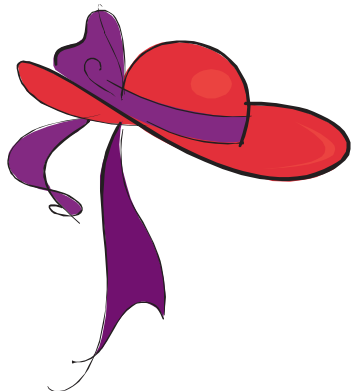
COST: \$20 INCLUDING ENTRY & BUS

DRESS: CASUAL - MUST WEAR A HAT –
YOU WILL BE JUDGED!

CONTACT: ALISON MOORE – 4971 5430

KAREN WALKER – 4972 1585

LIMITED NUMBERS – HURRY SO YOU DON'T MISS OUT



Our Major
Sponsors



Sita Work

